"Beyond Lockdown: the 'pandemic scar' on youth

Dan Moxon - Manon Deshayes



Specific impact on young people in Europe, including marginalised youth

Medium-long term consequences on youth

The social, economic and mental health impact of COVID-19 on young people in Europe



BEYOND LOCKDOWN



Based on **survey** responses from 4,500 young people and focus groups

> Look at **policy** responses & potential gaps





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So, what did we discover?











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WORK & INCOME



- hours reduced to zero.
- stopped working.



- Fear of losing/not finding jobs, or having no choice but accept poor working conditions
- More likely to know & receive support if you live in a 'rich, white neighbourhood'





• Almost 12% stopped working either due to job loss or working

• Marginalised young people more than twice as likely to have

• More than 1 in 4 young workers saw their income decrease.









EDUCATION & LEARNING



- physically closed.
- Around ³/₄ of marginalised youth believed they were learning less.

- Experience of remote education dependent on personal circumstances
- Challenge is access to enough devices for maringalised youth
- Concerns about the impact of pandemic stress on educational results



• ³/₄ of students said that their school or university had been

YOUNG VOICES



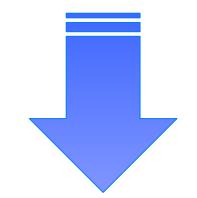




MENTAL HEALTH



- and wellbeing issues. (SWEMWBS)
- affected.



- General stress and anxiety related to the pandemic & its effects
- Having to give up on their independence
- Schools not understanding of the challenges during the pandemic \rightarrow additional stress





• Nearly ²/₃ of young people may be affected by mental health

Young women and marginalised youth disproportionately

YOUNG VOICES







What is the 'pandemic scar' on youth?



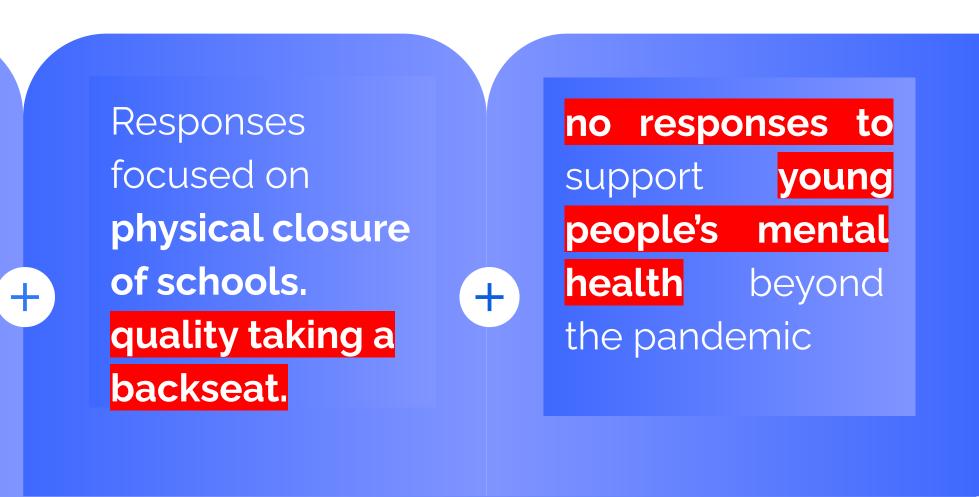






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<u>Less than 1%</u> of national economic policy measures target youth specifically.



Youth: overlooked?









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OUR RECOMMENDATIONS



- 2. Ensure all young people have access to social protection & income support
- 3. Improving outreach and making much better use of existing policy and funding instruments (e.g. Youth Guarantee; EU & recovery funds)





1. Prioritise quality job creation, including through hiring incentives to employers (BUT financial support conditional to the compliance with minimum quality standards).





OUR RECOMMENDATIONS





- understandable and robust, and accessible.



1. Invest in tutoring, catch-up classes, or academic support for young people who have fallen behind.

2. Provide **career guidance** through public employment services, schools, universities and training centres.

3. Provide financial support to ensure access to ICT tools, and strengthen digital literacy for students & teachers.

4. Develop digital accessibility standards to ensure all digital tools & platforms are perceivable, operable,







OUR RECOMMENDATIONS



- → Ensure access to information & quality youth-focused mental health services.
- → Invest in mental health literacy & provide training and resources to professionals working with youth.
- \rightarrow Support the **right to disconnect** of workers, learners & educators
- → Implement a holistic approach to mental health recognising the link between socio-economic factors & wellbeing.







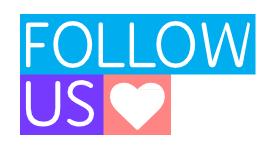




THANK YOU!

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